



210 2nd Avenue South, Franklin, TN 37064
www.nurturehouse.org, admin@nurturehouse.org, 615-656-0232

THE NO SURPRISES ACT
STANDARD NOTICE AND CONSENT DOCUMENTS
(OMB Control Number: 0938-1401)

SURPRISE BILLING PROTECTION FORM

The purpose of this document is to let you know about your protections from unexpected medical bills. It also asks whether you would like to give up those protections and pay more for out-of-network care.

IMPORTANT: You aren't required to sign this form and shouldn't sign it if you didn't have a choice of health care provider when you received care. You can choose to get care from a provider or facility in your health plan's network, which may cost you less.

If you'd like assistance with this document, ask your provider or a patient advocate. Take a picture and/or keep a copy of this form for your records.

You're getting this notice because this provider or facility isn't in your health plan's network. This means the provider or facility doesn't have an agreement with your plan.

Getting care from this provider or facility could cost you more.

If your plan covers the item or service you're getting, federal law protects you from higher bills:

- When you get emergency care from out-of-network providers and facilities, or
- When an out-of-network provider treats you at an in-network hospital or ambulatory surgical center without your knowledge or consent.

Ask your health care provider or patient advocate if you need help knowing if these protections apply to you.

If you sign this form, you may pay more because:

- You are giving up your protections under the law.
- You may owe the full costs billed for items and services received.
- Your health plan might not count any of the amount you pay towards your deductible and out-of-pocket limit. Contact your health plan for more information.

You **shouldn't** sign this form if you **didn't** have a choice of providers when receiving care. For example, if a doctor was assigned to you with no opportunity to make a change.

Before deciding whether to sign this form, you can contact your health plan to find an in-network provider or facility. If there isn't one, your health plan might work out an agreement with this provider or facility, or another one. See the next page for your cost estimate.

Estimate of what you could pay

Patient name: _____

Out-of-network provider(s) or facility name: Nurture House

Total cost estimate of what you may be asked to pay: It is your ethical right to determine your goals for treatment and how long you would like to remain in therapy unless you are pursuing mandatory treatment. Please see the breakdown of possible fees on page four.

- ▶ **Review your detailed estimate.** See page four for a cost estimate for each item or service.
- ▶ **Call your health plan.** Your plan may have better information about how much of these services are reimbursable.
- ▶ **Questions about this notice and estimate?** Call Kristen Peluso, Office Manager of Nurture House, at 615-656-0232 or email her at admin@nurturehouse.org.
- ▶ **Questions about your rights?** Contact the Tennessee Health Related Boards at <https://www.tn.gov/health/health-program-areas/health-professional-boards.html>.
- ▶ **Prior authorization or other care management limitations**

Except in an emergency, your health plan may require prior authorization (or other limitations) for certain items and services. This means you may need your plan's approval that it will cover an item or service before you get them. If prior authorization is required, ask your health plan about what information is necessary to get coverage.]

More information about your rights and protections

Visit <https://www.cms.gov/files/document/model-disclosure-notice-patient-protections-against-surprise-billing-providers-facilities-health.pdf> for more information about your rights under federal law.

By signing, I give up my federal consumer protections and agree I might pay more for out-of-network care.

With my signature, I am saying that I agree to get the items or services from (select all that apply):

☐ Nurture House

With my signature, I acknowledge that I am consenting of my own free will and am not being coerced or pressured. I also understand that:

- I'm giving up some consumer billing protections under Federal law.
- I may get a bill for the full charges for these items and services or have to pay out-of-network cost-sharing under my health plan.
- I was given a written notice at the time my intake was scheduled, explaining that my provider or facility isn't in my health plan's network, the estimated cost of services, and what I may owe if I agree to be treated by this provider or facility.
- I got the notice either on paper or electronically, consistent with my choice.
- I fully and completely understand that some or all amounts I pay might not count toward my health plan's deductible or out-of-pocket limit.
- I can end this agreement by notifying the provider or facility in writing before getting services.

IMPORTANT: You **don't** have to sign this form. But if you don't sign, this provider or facility might not treat you.

Patient's signature

or

Guardian/authorized representative's signature

Print name of patient

Print name of guardian/authorized representative

Date and time of signature

Date and time of signature

Take a picture and/or keep a copy of this form.

It contains important information about your rights and protections.



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FEDERAL TAX ID: 47-1033796

More details about your estimate

Patient name: _____

Date of Birth: _____

Out-of-network provider(s) or facility name: Nurture House

The amount below is only an estimate; it isn't an offer or contract for services. This estimate shows the full estimated costs of the items or services listed. It doesn't include any information about what your health plan may cover. This means that **the final cost of services may be different than this estimate. Contact your health plan to find out how much, if any, your plan will pay and how much you may have to pay. Nurture House does not file insurance for any patients. Some diagnoses (V or Z codes) may not be covered by your insurance if you choose to file out of network.**

GOOD FAITH ESTIMATE
TABLE OF SERVICES AND FEES

Client Name: _____

Date of Service (If Known)	Service code (CPT Code)	Description	Fee for Service (Number of Sessions Will Be Determined as We Progress)
	90791	Initial Diagnostic Evaluation	Intern rate-80 Post-Master's Clinician-130 Licensed Clinician-160 Clinical Director-300
	90834	Psychotherapy, 45 minute session	Intern rate-80 Post-Master's Clinician-130 Licensed Clinician-160 Clinical Director-275
	90837	Psychotherapy \geq 53 minutes (<u>This fee is a prorated amount calculated by taking the standard 45 minute fee and adding 1/3 of the clinician's fee in 15 minute increments.</u>)	Intern rate-27 Post-Master's Clinician-43 Licensed Clinician-53 Clinical Director-92
	+90840	Psychotherapy for a Crisis (add on code for each additional 30 minutes over the initial 45).	Intern rate=53 Post-Master's Clinician-87 Licensed Clinician-107 Clinical Director-183
	90846	Family Psychotherapy without Patient Present, 45 minutes	Intern rate-80 Post-Master's Clinician-130 Licensed Clinician-160 Clinical Director-275
	90847	Family Psychotherapy with Patient Present, 45 minutes	Intern rate-80 Post-Master's Clinician-130 Licensed Clinician-160 Clinical Director-275
	90853	Group Psychotherapy	Group services range from 240-300, depending on the length of group
	98966-98968	Telephone Assessment & Management	Per 15 minute increments: Intern rate-27 Post-Master's Clinician-43 Licensed Clinician-53 Clinical Director-92
	98970-98972	Online Digital Evaluation & Mgt (Responding to Email & Text Messages)	Per 15 minute increments: Intern rate-27 Post-Master's Clinician-43 Licensed Clinician-53 Clinical Director-92
	Cancellation Fee	Your Therapist Requires a 24-Hour Cancellation Fee	You are Responsible for the Fee of the Appointment Missed

	Production of Records	Digital or Printed	\$25.00, payable in advance of receiving records
	Legal Fees	All services related to court involvement, including court testimony, time spent reviewing records and preparing, documents, travel time, and communications with parents' legal counsel and/or with Guardian ad Litem.	Time is billed at double the clinician's standard 45 minute psychotherapy fee: Interns-160 Post-Masters Clinicians-260 Licensed Clinicians-320 Clinical Director-550
Court appearances for Paris Goodyear-Brown are protected in half-day (four hour) increments. The minimum fee of \$2933 for the first half day of court time is due prior to the date of the court appearance. The protection of the full four hours precludes services being offered to other clients during that time and since the full four hours has been protected for the client, no part of that initial fee is refundable. If more time is needed, the fees will be prorated in fifteen minute increments based on the Legal Fees above.			
	Total Estimate:	This Good Faith Estimate explains your therapist's rate for each service provided. Your therapist will collaborate with you throughout your treatment to determine how many sessions and/or services you may need to receive the greatest benefit based on your diagnosis(es)/presenting clinical concerns.	

Please note that Place of Service (in office vs. telemental health) is not delineated above since the charges are identical.